



Siddheshwari Devi Bio ~ ECETI 2026

Siddheshwari is a yoga teacher, wellness expert, and longtime meditator devoted to embodiment as a pathway to self-realization. She teaches that a healthy body is the foundation of mental, emotional, and spiritual well-being. When honored as a living temple, it becomes our gateway to deeper spiritual exploration—connecting us to higher-dimensional intelligence and our own greater being. Her work weaves together natural detoxification, high-vibrational raw and living foods, yoga, and meditation to enhance the body's living energetics—supporting physical healing, cellular vitality, a healthy lean body weight, radiant beauty, and longevity. With a background in psychology and over 30 years of meditation experience, Siddheshwari takes a deeply somatic approach to healing. She gently guides people to release emotional and mental conditioning, clear subtle energetic pathways, and access their full creative potential and inner freedom. A natural tantric yogini, she lives in close relationship with the Earth and the elements, finding joy in simple living... and inviting others to reconnect with their intuitive body wisdom and the sacred intelligence of life itself