
Itinerary

Renew ✦ Relax ✦ Restore ✦ Remember

ECETI 2024

Yoga & Meditation Workshop

With

Marie Thorne-Thomsen

8/29-9/2 2024

\$400

Move **DEEP** into your body mind and soul.

Food and Lodging Sold Separately

Sign up @ [ECETI.ORG](https://www.eceti.org)

[mariethornethomsen.com](https://www.mariethornethomsen.com)





You Have Arrived....

Please join me for a deep and transformative experience through the many dimensional layers of our being. We will begin with nourishing breakfasts from the fabulous ECETI kitchen. Then, we will begin our journey through body, breath and soul accessing various yoga postures and breathing exercises. After a delicious lunch we will drop deep into guided meditations and relaxations exploring our Subconscious/Higher Self and learning how to strengthen this connection for everyday use, guidance and healing. We will use our journals to formulate questions and record our experiences throughout this retreat so that you will have a living memory of all that you experience. I look forward to taking you on an inner journey of a lifetime. Love, Marie.

August 29st-September 2nd 2023

Thursday	8/29	3-7:00	Check In
		7:00pm	Introduction & Opening Yoga Nidra
Friday	8/30	8:00am	Breakfast
		9:00am	Pranayama, Yoga & Meditation
		12:00pm	Lunch
		2:00pm	Group Meditation/Regression - Connecting to your Higher Self
		6:00pm	Dinner
Saturday	8/31	8:30pm	SkyWatch
		8:00am	Breakfast
		9:00am	Pranayama, Yoga & Meditation
		12:30pm	Lunch
		2:00pm	Group Meditation/Regression - Healing physical, emotional, mental & spiritual issues
Sunday	9/1	6:00pm	Dinner
		8:00pm	As You Wish Talk Radio Show
		9:00pm	Healing Circle with James
		8:00am	Breakfast
		9:00am	Yi Gong with James
Monday	9/2	12:00pm	Lunch
		2:00pm	Yoga, Pranayama, Meditation
		3:00pm	Group Meditation/Regression - TBD
		6:00pm	Dinner
		8:30pm	Skywatch
		8:00am	Lite Breakfast
		9:00am	Yoga & Meditation Closing
		11:00am	Check Out

Food & Accommodations sold separately

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Who We Are...

Marie Thorne-Thomsen - Shift your self into an incredible space of inner

wisdom, challenging asanas and heartfelt fun. My yoga style is a fusion of foundational postures, alignment focus, lots of details, demos with dashes of yogic philosophy, loving kindness, pranayama and guided meditations. If you don't find your true self in class you will certainly find something to chew on. I tell it like it is with grace and gratitude and my passion, experience and love for yoga shines through crystal clear. I took my first class at 19 years old in 1990. That was the beginning of a new existence with a practice that would evolve to fit every life change, challenge and blessing. I have been practicing for 34 years and studied with countless masters. I have a lot of fun and learn so much through teaching. It has accelerated my practice exponentially and gives me a grounded respect for all teachers of all crafts everywhere in the world. Teaching is a gift as is yoga. Passing on the knowledge just as the ancients did is a tremendous honor. I try to bring that traditional aspect and depth into my classes with a light heart. My purpose is to really "teach" the art and science of yoga incorporating our entire being from the physical, mental, emotional, energetic and spiritual. Bring your aches and pains, bring your energy and power, bring your dreams and desires, offer it up and allow the practice of yoga to help make the impossible possible.



In 2022 I embarked upon the journey of QHHT(Quantum Healing Hypnosis Technique). I am Level 2 certified through Dolores Canon. In addition to working as a QHHT practitioner I traveled to Egypt with best selling author Sarah Cosme Breskman and Suzanne Spooner on an adventure of a lifetime. Lots of Egyptian lives, regressions, pyramid power and magical journeys. I look forward to guiding you on on a journey of a lifetime deep through your own Subconscious/Higher Self.

James Gilliland - James Gilliland is a best-selling author, internationally known lecturer, minister, counselor, multiple Near Death Experiencer and contactee. James is recognized world-wide as the founder of the Gilliland Estate, previously referred to and

commonly known as the ECETI Ranch (Enlightened Contact with ExtraTerrestrial Intelligence) where he documents and shares amazing multi-dimensional contact phenomenon which can be viewed at www.eceti.org. His weekly As You Wish Talk Radio program on BBSradio.com draws an audience from around the world who are interested in truth and Higher Consciousness.

James's books Reunion with Source, Becoming Gods, and The Ultimate Soul Journey educate, awaken, inform and heal. His latest book – Annunaki Return Star Nations and the Days to Come is a powerful look at what is happening on a multi-dimensional level as we move forward in this time of great change.

He is the host of the documentaries Contact Has Begun & Contact Has Begun 2, and has been featured in documentaries and television shows such as His Story, The History Channel, UFOs then and Now, UFO Hotspots, ABC, Fox News, BBC Danny Dyer Special, Paranormal State and The Uncontrolled Narrative.

He has also appeared on numerous radio shows including Coast to Coast and Jeff Rense. His unique focus on dispelling the myths propagated by the disinformation system make him an in-demand speaker at events such as the International UFO Congress, Contact in the Desert and the Star Knowledge Conferences. He also hosts ECETI's popular Science, Spirit and World Transformation Conference every summer at the Gilliland Estate.

He is a facilitator of many Eastern disciplines; a visionary dedicated to the awakening and healing of Humanity and the Earth and he teaches higher dimensional realities from experience.

An unprecedented event is unfolding at the Gilliland Ranch near Mt Adams, and Trout Lake, Washington that has the potential to change the course and destiny of Humanity and the Earth. The people of Earth are being offered a chance to join the rest of the universe in peace and participate in spiritual awakening and benevolent Extraterrestrial contact. UFO sightings, Orb phenomena, CE5 Contact & "UFO contact" with spiritually and technologically advanced extra and ultra-terrestrial off world visitors – a "greater family of man" – has occurred at the Gilliland ranch near Mt. Adams.



We hope you will join us!

Namaste'

